

Snowsport Torfaen Programme, Times & Prices 2023 / 2024

All prices are for skiing & snowboarding and includes all equipment, instruction and coaching where relevant.

MEMBERSHIP SNOWSPORT TORFAEN

An annual membership from date of joining. Entitles members to half price on all activities and one free open practice session each week and occasional

Members events.

Adult over 18 years	£150
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Child 17 years and under	£100
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Family 1 – 1 adult + 1 child	£150
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Family 2 – 1 adult + 2 children	£200
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Family 3 – 1 adult + 3 children	£350
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Other family options are available please enquire.

Members free Open Practice Sundays 7 – 9pm.

OPEN PRACTICE

Provides access for skiers and boarders to the slope and use of lift and equipment (skis, poles, board and boots). Skiers and Boarders must be able to use the ski lift and descend the slope in control before they take part in Open Practice. Two-hour sessions, Children – £10, Adults – £20.

Tuesday 4 – 9pm; Wednesday 4 – 6pm; Thursday 4 – 6pm; Friday 4 – 9pm;

Saturday 10am – 9pm (only parents or family of children in lessons that day);

Sunday 10am – 6pm.

CHILDREN & YOUTHS 3 to 17 years

How It Works

The Children and Youth programme includes lessons and coaching for children aged 3 to 17 years. We use three ability levels to group the skiers, **Starter** (first timers sliding), **Curver** (learning to curve) and **Lifter** (learning to use the lift). We use these levels for adults also as we have found them to be simple to understand and apply. The children & youth age group lessons as described below all accept each level, Starter, Curver & Lifter. Our team of coaches place the age group children in each lesson into the three ability levels and coach them within three groups. When they are ready to try the lift, they move over to the coach using the lift and they move on. This method was trialled last year,

and it worked well. The Improvers, Performers and Getting Ready 2 Race sessions are for a wider age group 6-17 years where they **must** be able to use the lift and ski from the top. The children move from the age group lessons into Improvers and onto Performers as they progress their ability. This design provides a skiing pathway from the first-time sessions through to higher levels of skiing performance and into Racing, Freestyle and Open Mountain skiing.

Group Lessons: take place every Saturday and are split into age group categories; **Cubs** 3-5; **Primary** 6-8, **Juniors** 9-11; **Teens** 12-14; **Youths** 15 – 17; **Improvers** 6 – 17. These age categories have some flexibility and are meant as a starting point guide to facilitate safety, learning and enjoyment. Saturdays, each lesson £15.

Cubs 9.30 – 10.30am; Primary 11 – 12am; Juniors 12.30 – 1.30pm; Teens 2 – 3pm; Youths 3.30 – 4.30pm; Improvers 5 – 6.30pm.

Group Coaching: Performers and Getting Ready 2 Race take place every Saturday evening for those youngsters who **can use the lift and descend in control** from the top of slope. All ability levels, ski & board, introduces youngsters to racing, freestyle, bumps and all mountain skiing & boarding. Saturday 7 – 9pm, 6 to 17 years – £20.

After School sessions: provide accessible lessons to learn to ski & board throughout the whole school term period. Tuesday, Wednesday, Thursday and Fridays 4 – 5.30pm, 5 to 17 years – £10.

School Holiday sessions: take place during all school holiday periods, 2-hour morning and afternoon sessions of 1.5-hour ski / board lesson and half an hour of tubing. Monday to Friday, 10.30am – 12.30pm and 1.30 – 3.30pm, 5 to 17 years – £15.

Tubing: takes place during school holiday periods and occasional sessions during each week term time. Check booking programme for times.
School Holiday Tubing 45 minutes £5 and Birthday Party tubing 1.5 hours – £15.

Tubing Half Term holidays: Monday 30th October to Friday 3rd November 12noon-12.45pm and 3-3.45pm Children 3 to 17 years, £5.

ADULTS 18 and over.

The Adult lessons and coaching aim to provide a range of choices on the type of learning you prefer, on different days of the week.

Group Lessons:

Starter is for first timers, it's quite normal to do this class a couple of times to get a grip on the very basics.

Starter Ski Tuesday 6.30–7.30pm, Sunday 2.30–3.30pm. **Starter Board** Friday 6.30–7.30pm – £20.

Curver; you learn to slide and change direction on the beginners' area and learn to use the lift. 3/4 sessions are normal at this level.

Curver Ski Tuesday 7–8.30pm, Sunday 3–4.30pm. **Curver Board** Friday 7 – 8.30pm – £25.

Lifter; you on the lift and descending the slope improving your skills.

Lifter Ski Tuesday 7.30–9pm, Sunday 5–6.30pm. **Lifter Board** Friday 7.30–9pm – £25.

Group Coaching Session: skiers and boarders are using the lift and descending the slope this session develops skills at all levels. There are numerous coaches to cater for a broad range of levels. Sunday 7–9pm – £30.

Also Saturday 7–9pm for an introduction to racing and masters training – £30.

PRIVATE LESSON for Adults & Children

Providing a very personal learning experience, on your own or with a few friends or family. A 1-hour lesson at your own level of ability.

Private Ski Tuesday 6.30–7.30pm, 8–9pm, Sunday 9.30–10.30am, 11–12, 12.20–1.30pm. **Private Board** Friday 6.30–7.30pm, 8–9pm.

1 person – £55. 2 people – £75. 3 people – £95. 4 people – £115.

Request Private Lessons: customers can request a time for a private lesson during opening times by emailing snowsport@torfaenleisuretrust.co.uk stating day, time and number of people (up to four). We will try to seek an instructor for the times you wish.

Request Groups: for a group of 5 and more we also provide a request service. This may be group of friends, work colleagues, youth or school group. Email us your requirements and we'll do our best to get you booked in.

snowsport@torfaenleisuretrust.co.uk