

UNDER 5's PATHWAY

Children can be introduced to the pool at approximately 4 months of age, before this age we recommend you concentrate on enjoying bath time with fun toys and activities with your child.

Starfish

4 months to 2 years

Ideal for starting your baby's first water experience. They are designed to introduce young children and adults to the environment and pleasures of the water. The focus of the class is to enable your child to enjoy the water and build confidence. We do this through interactive games and songs to encourage motor control skills, self confidence and social attitude.

Children will have the opportunity to work towards and can achieve various Starfish Awards



Tortfen
Leisure Trust
Ymddiriedolaeth
Hamdden Torfaen

Stanley Seals

2 years to 5 years

Progression from Starfish classes to Stanley Seals.

These are also designed to introduce children to the environment and encourage the enjoyment of the water. Children can be fast tracked to Stanley Pup classes and in some cases Nofio classes due to ability. The focus of the classes is to build on what has been gained in Starfish classes and enable your child to develop their skills and achieve a variety of Stanley Awards.



Stanley Pups

3 years to 5 years

(Water confident)

The classes are smaller, with a Teacher supporting them in the water and are a great progression from Starfish or Stanley Seals classes.

Children will work towards a number of Stanley Awards giving them valuable water skill, improving in confidence, listening skills and independence.

These classes are priced at a different level to the Seals and Starfish classes.

Parents/
Guardians do
not need to be
in the water
during these
classes

Parents/
Guardians
will need to
accompany
their in the
water

Checklist

- ☒ Towel
- ☒ Swimwear
- ☒ Swim Nappy
- ☒ Favourite Swim Toy